

# Workplace Safety



## Why do we need first aid in the workplace?

Check all first aid kits

- COMPLETE CONTENTS ✓
- EXPIRY DATES ✓

to remain compliant in the workplace.

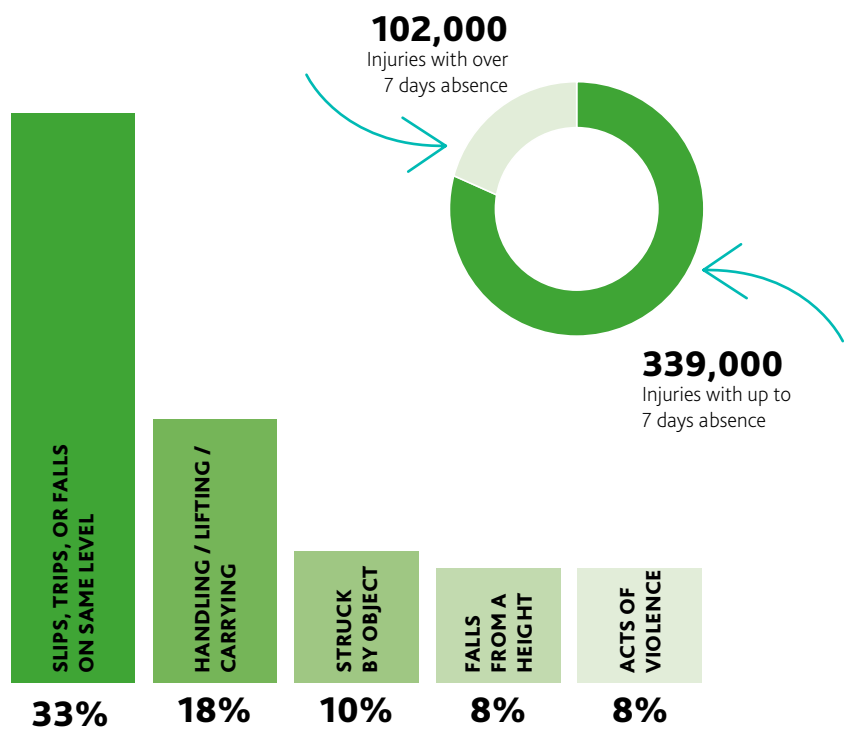
*“Every employer should provide for each work site at least one first-aid container supplied with a sufficient quantity of first-aid materials suitable for the particular circumstances.”* Health and Safety Executive

*It is a legal requirement that every business has accessible first aid.*

### MOST AFFECTED INDUSTRIES (PER 100,000)



### SELF-REPORTED NON-FATAL INJURIES 2020/21



Data correct at time of printing sourced from HSE.gov.uk 2020/2021 Health and Safety report and RR419 research report evidence base.





# How many kits are required for my workplace?

The number and type of kits needed are dictated by:

## RISKS AND HAZARDS

The HSE outlines the potential risk associated with workplaces as "high risk" or "low risk"

e.g. Offices, Retail would represent a lower risk whilst workplaces involved with hazardous materials represent high risk.

## NUMBER OF EMPLOYEES

The following information categorises workplaces by level of risk, and then recommends an appropriate size of kit, depending on the number of employees and members of the public exposed to those risks.

### 1. DO A RISK ASSESSMENT.

LOW RISK: (e.g. shops, offices, libraries etc.)

HIGH RISK: (e.g. light engineering and assembly work, food processing, warehousing, etc.)

### 2. DECIDE ON THE SIZE AND QUANTITY OF KITS REQUIRED TO MEET YOUR RISK NEEDS ASSESSMENT.

#### SMALL KIT USAGE GUIDELINES

LOW RISK: 1 kit for less than 25 employees

HIGH RISK: 1 kit for less than 5 employees

#### MEDIUM KIT USAGE GUIDELINES

LOW RISK: 1 kit per 25-100 employees

HIGH RISK: 1 kit per 5-25 employees

#### LARGE KIT USAGE GUIDELINES

LOW RISK: 1 kit per 100 employees

HIGH RISK: 1 kit per 25 employees

#### TRAVEL AND MOTORING

Staff working remotely from a company vehicle should be equipped with a travel and motoring first aid kit. This does not supersede BS8599-2 for vehicle first aid kits, employers should refer to BS8599-2 when equipping vehicles with first aid kits.

1 Medium Kit

## SIZE OF THE WORKPLACE

Larger organisations require more First Aid Kits.



**The size, contents, and number of first aid kits depends on the size of the work environment and the number of staff.**

An easy to access AED is also a vital addition to any work environment and wherever people gather. Sadly, there are more than 30,000 out of hospital cardiac arrests every year in the UK, but fewer than one in ten people survive. Every minute that passes without CPR or defibrillation reduces the chances of survival by up to 10 per cent in some instances, but immediate CPR and defibrillation can more than double the chances of survival.

Find out more about how our defibrillators and training courses can help you to save a life at <http://medianadefib.co.uk>.



# What hazards are employees exposed to in the workplace?

The following pages are a guide for adequate and appropriate equipment in the workplace.

## KITCHENS



427 | 428 | 429  
BS8599-1:2019  
CATERING  
FIRST AID KITS



919  
EYE WASH  
STATION



908  
EYE POD  
STATION



124  
SMALL BURNS  
FIRST AID KIT



2870  
MEDIANA  
A15 AED



3068  
EVACUATION  
CHAIR

Kitchens are busy working environments with many risks of injury – cuts, scalds and burns are likely due to sharp knives, hot surfaces, and boiling liquids. Airborne particles from cooking ingredients and splashback from hot pans can lead to eye injuries and irritation. Trips and falls are also a workplace hazard, spillages can cause slippery floors. A Reliance Medical catering first aid kit offers all that you need to cope with the most common workplace injuries to ensure the safety of your staff and patrons.

## CONSTRUCTION SITES



330 | 343 | 348  
BS8599-1:2019  
WORKPLACE  
FIRST AID KITS



904  
EYE WASH  
FIRST AID KIT



908  
EYE POD  
STATION



124  
SMALL BURNS  
FIRST AID KIT



2870  
MEDIANA  
A15 AED



FIRST AID  
ROOM

Building and construction sites can be very hazardous places. Falls are the most common workplace accident on site – resulting in over a third of all injuries. Falls can be from height e.g., from scaffolding or ladders and trips due to cluttered sites and scattered building materials. Injuries from construction machinery are also common and can result in crush injuries and significant blood loss if not controlled. Brick dust, cement, stone chips, and other airborne debris can also cause eye injuries. Falling masonry and site equipment can lead to head injuries. Exposed electrical cables and exposure to construction chemicals can cause serious burns.



## OFFICES



330 | 343 | 348  
BS8599-1:2019  
WORKPLACE  
FIRST AID KITS



904  
EYE WASH  
FIRST AID KIT



124  
SMALL BURNS  
FIRST AID KIT



2870  
MEDIANA  
A15 AED



3068  
EVACUATION  
CHAIR



FIRST AID  
ROOM

Whilst less hazardous workplaces; eye strain and repetitive strain injuries (RSI) are the most common, there is still a need for a well-stocked first aid kit in the office. Computer power cables, extension plugs, boxes on the floor, mess and clutter are all hazards that can cause someone to trip and fall. Burns and scalds can occur in the office kitchen or canteen. Like all workplaces an AED is a vital inclusion to ensure the safety of staff and visitors.

## SCHOOLS



330 | 343 | 348  
BS8599-1:2019  
WORKPLACE  
FIRST AID KITS



904  
EYE WASH  
FIRST AID KIT



908  
EYE POD  
STATION



2870  
MEDIANA  
A15 AED



124  
SMALL BURNS  
FIRST AID KIT



FIRST AID  
ROOM

Rapid access to first aid is vital for schools and day-care centres. Schools should provide suitably stocked first-aid kits in appropriate locations throughout the school and off site. In any environment where young children gather and play cuts, scrapes can occur - in the classroom and on the playground. More serious injuries including sprains, broken bones and head injuries can result from falls from playground equipment and on staircases.

## FACTORIES



330 | 343 | 348  
BS8599-1:2019  
WORKPLACE  
FIRST AID KITS



919  
EYE WASH  
STATION



5996  
CHEMICAL SPLASH  
STATION



2870  
MEDIANA  
A15 AED



124  
SMALL BURNS  
FIRST AID KIT



FIRST AID  
ROOM

Even when safely operated and maintained, injuries can still occur from machinery. Impact from moving parts, cuts or scratches, material thrown by moving parts such as wood chips and dust can cause eye injuries and irritation. Clutter on the factory floor can lead to trips and falls. Falling objects and exposure to chemicals and hot materials can also present significant risk of injury including burns.



## TRANSPORT



3011  
BS8599-2  
MEDIUM MOTOKIT

*Health and Safety (First Aid) Regulations 1981 require employers to provide adequate and appropriate first-aid equipment, facilities, and personnel to ensure employees can be given immediate help if they are injured or taken ill at work. Whether travelling to and from the workplace – or if a vehicle is your workplace, it is important to provide the correct first aid equipment in the event of injury. Employers should ensure that their staff have access to first aid. This includes lone workers such as:*

- *Health, medical and social care workers visiting people's homes etc*
- *Postal staff, taxi drivers, engineers, estate agents, and sales or service representatives visiting domestic and commercial premises*
- *Delivery drivers including HGV drivers, van driver/couriers and car/bike-based couriers*
- *Agricultural and forestry workers*

## WAREHOUSES



330 | 343 | 348  
BS8599-1:2019  
WORKPLACE  
FIRST AID KITS



919  
EYE WASH  
STATION



3225  
CRITICAL INJURY  
PACK



2870  
MEDIANA  
A15 AED



124  
SMALL BURNS  
FIRST AID KIT



FIRST AID  
ROOM

*Busy warehouses can prove to be hazardous working environments. Injuries can occur in the due to collision with operating machinery such as forklift trucks, head injuries can be caused by objects falling from racking and shelving. Trips and falls can happen due to boxes and pallets and packaging on the warehouse floor. Warehouse work puts hands, fingers, feet, and even whole bodies at risk of being caught between pieces of equipment, between heavy objects, or even between a truck and the loading dock. Strains and sprains are common injuries due to over-exertion. Spillages and exposure to hazardous chemicals can also cause injuries and burns.*

